

OPEN PEER REVIEW

Open Peer Review (OPR)

As a new feature for progressing towards transparency, we decided to open a new window for all of our editors as well as authors titled "**Open Peer Review**". We hope by this new facility, our reviewers will be more motivated and authors will be more satisfied with the review process. We believe that publishing our peer review reports could make a transparent and clear environment for all our efforts within a journal, but not all reviewers tend to publish their comments.

What is "Open Peer Review" process?

An "Open Peer Review" process is making the details of all review process (including reviewers, associate editors, and EICs comments) as "Public" as it is agreed by EIC, Authors, and reviewers.

Advantages of "Open Peer Review" process

- More transparency, constructiveness and tactful comments of the peer review process: leads to an increase in the quality of reviews
- More motivations for all involved roles in the review process
- Authors' satisfactions from the review process: Increases honesty between authors and reviewers
- Education of both authors and new students
- Prevents reviewers from following their individual agendas and leading to the detection of reviewers' conflicts of interests

You can find out more at:

<https://sites.kowsarpub.com/kowsar/knowledgebase/category/tree.html#opr.html>



International Journal of Sport Studies for Health

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Peer Review Report for "The Effect of Resistance Training and Vitamin D on Leptin and HDL-C in Overweight Women"

Author(s): Maryam Najafi, Hoseyn Fatolahi

Review Timeline:

▶ Submit Date:	9 May 2020
▶ Revised Date:	23 Jun 2020
▶ Accepted Date:	24 Jul 2020

Revision (0)

Here, you can see the [Reviewers](#), [Associate Editors](#) and [EICs](#)' comments from the beginning to the end of the revision process.

REFEREE: EIC | Revision (0)

4 Jun 2020

Dear Authors,

Translation needs major revision. you,d better consult a native English translator. then, resubmit.

Thanks.

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Revision (1)

Reply to Reviewers

Ideally, the reviewing process can significantly improve the submitted manuscripts by allowing the authors to take into account the advice of reviewers. Author(s) must reply to all reviewers' comments in a separate Word file, point by point. A "**Reply to Reviewers**" document is submitted along with revised manuscript during submission of revised files, summarizing the changes that the authors made in response to the reviewers' comments. The responses to reviewers' comments specifies how the authors addressed each comment the reviewers made.

You can read the authors' responses to the reviewers' comments in the next page.

Dear Editor-in-Chief

Thanks so much for your follow-up and quick response. The required changes were made and finally, the entire text was re-examined and edited by an English language editor.

Best regards,

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Revision (1)

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 **REFEREE:** EIC | Revision (1)

24 Jul 2020

Dear Author,

The document is reviewed carefully by the reviewers. According to their comments and your revisions as requested, this manuscript is accepted.

Thanks.