





## The effectiveness of emotion-focused therapy on borderline personality disorder

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Farzad. Goli <sup>1</sup>  Professor, Faculty of Energy Medicine California, USA dr.fgoli@yahoo.com	<b>Reviewer 1:</b> Seyed Hadi. Seyed Alitabar <sup>1</sup>  Assistant Professor, Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: hadialitabar@kmanresce.ca <b>Reviewer 2:</b> Parvin Rafieinia <sup>1</sup>  Assistant Professor, Department of Clinical Psychology, Faculty of Psychology and Educational Sciences, Semnan University, Semnan, Iran. p_rafienia@semnan.ac.ir

### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

This study presents a clear and focused inquiry into EFT's effectiveness for BPD treatment, utilizing a rigorous quasi-experimental design. For enhanced specificity, detailing the theoretical underpinnings of EFT in the context of BPD at the outset could further solidify the study's foundation.

The results are compelling, indicating EFT's substantial impact on BPD symptomatology. Integrating a discussion on the clinical relevance of these findings and their application in therapeutic settings would enrich the study's practical contributions.

The study acknowledges its constraints, crucial for contextualizing the findings. Expanding on these limitations and exploring ethical considerations related to therapy implementation could provide a more rounded analysis.

## 1.2. *Reviewer 2*

Reviewer: The research significantly contributes to understanding EFT's role in treating BPD, offering evidence for its efficacy. Future studies could benefit from exploring long-term effects, diverse populations, and comparative efficacy with other therapeutic approaches to build on this foundational work.

The selection process and analytical methods are adequately described, ensuring replicability. However, broadening the demographic scope and employing a larger sample could enhance the findings' generalizability.

The conclusion succinctly encapsulates the study's outcomes, advocating for EFT's inclusion in BPD treatment modalities. Articulating potential pathways for integrating EFT with existing BPD treatment frameworks could offer valuable insights for clinical practice.

## 2. **Revised**

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.