

# Patient Perspectives on Lifestyle Changes Following a Diabetes Diagnosis


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### Editor

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The introduction should better contextualize the study within current research by explicitly linking the discussion on diabetes management strategies and lifestyle modifications with direct references to previous findings that this study seeks to build upon or challenge.

Clearly articulate practical implications of the findings for healthcare providers. Suggest specific strategies or interventions that could be derived from the study's results, enhancing the utility of the research for practitioners.

More comprehensively address the limitations of the study, including the potential influence of interviewer bias and the limitations inherent in a self-selected sample. Propose specific future research directions that could address these limitations.

Provide more detail on ethical considerations, particularly how participant confidentiality is maintained during the analysis and presentation of the data. Also, detail the steps taken to mitigate any potential harm to participants during the study.

Response: Revised and uploaded the manuscript.

## 1.2. Reviewer 2

Reviewer:

Expand on the methodological description in the "Methods and Materials" section to include specifics on how the thematic analysis was conducted. Provide details on the coding process, how themes were derived, and if multiple coders were involved to ensure reliability of the thematic analysis.

The discussion section could be enhanced by integrating more comparative analysis with existing literature. For instance, how do the findings align or differ from studies in similar settings or using similar methodologies? This could provide a richer context for understanding the study's contributions.

Ensure consistency in the use of specific terms related to diabetes management and lifestyle changes across the manuscript. Define key terms and maintain their usage consistently to avoid confusion.

Enhance the clarity of how data was presented and analyzed by including examples of interview excerpts that directly relate to each identified theme. This will strengthen the reader's understanding of how conclusions were drawn.

Verify that all citations and references are correct and current. Ensure that all referenced studies are appropriately credited and that hyperlinks are functional and direct to the correct sources.

Check the document for formatting consistency, including heading styles, figure and table labels, and the overall manuscript layout according to the journal's guidelines.

Simplify the technical language where possible to make the article more accessible to readers who may not have a deep background in qualitative research methods.

Strengthen the conclusion section by summarizing the key findings more succinctly and directly tying them back to the research questions and the implications for future research and practice.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.